



Banker turns milko

Brenton Cherry

REMEMBER the good old days of waking up in the morning to find fresh milk waiting for you on your front doorstep?

Well those days are making a comeback, with a Davidson couple reviving the lost tradition of the milkman.

Huw Martin and Natasha Bell recently left behind their careers in the high-pressure economic world to become the local Aussie Farmers Direct "milko".

They now deliver fresh milk, bread and fruit and vegetables to customers in Davidson, Belrose, Frenchs Forest, Cromer, Allambie Heights, Wheeler

Heights, Beacon Hill, Oxford Falls and Collaroy Plateau.

Ms Bell said there was a lot of appeal to a milkman.

"Being a very busy mum with two boys I thought that having milk and bread delivered was something I would love," she said.

"I'm sick of having to go to the shops every couple of days and having to fight the traffic and try and find a park.

"Deliveries are made overnight and placed into esky cooler bags left out on the doorstep by customers before 7am, while fruit and vegetables are delivered in boxes in the afternoons."

Ms Bell said her husband's life has

changed dramatically since being made redundant from his job as a foreign-exchange dealer.

"He was high up in a bank and had a stressful job," she said.

"He's gone from sitting on his butt in a bank worrying all the time about making money to lifting boxes and delivering to happy people.

"In terms of physically and mentally he's much more healthy and he's lost a tonne of weight."

■ For further information visit www.aussiefarmers.com.au or call 1300 MILKMAN.



Milkman Huw Martin and wife Natasha Bell.

Picture: SIMON COCKSEDE