



Milkman is back

SOME will remember the days when they could hear the clinking of glass bottles when the milkman delivered fresh milk daily in an open-backed truck.

Or the local greengrocer who would deliver a box of fresh fruit and vegetables to their doorstep and sometimes drop in for a friendly chat.

Those days seemed to be long gone.

But the milkman is back and delivering in Casey — perhaps not in an old truck, but youngsters at Sunkids Childcare Centre in Berwick are enjoying the same old-fashioned service.

Sunkids director Hazel Devlin says the service is proving a hit.

“They enjoy a chat with David, our delivery man, and also had fun recently when one of our girls dressed up in a cow suit — the mascot for Aussie Farmers Direct.”

Besides the encouragement for the children to drink milk daily, having fruit and vegetables around helps remind them to eat more fresh produce, Hazel says.

“We put a basket of fruit and vegetables in the centre, near the door, so the kids can help themselves.”

Hazel says the centre was already involved with the Go For

Your Life program, which encourages children to be active and eat well, but she thought there were always new ways to get the message across.

David was already delivering produce to the Devlin’s family home, so she asked him to give it a trial at the centre.

The idea has now caught on and many families of children at the centre have been signing up.

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The program is part of a bid by Aussie Farmers to boost the sales of 100 per cent Australian-owned and grown products.

Products include milk, cream, cheese, eggs, fruit and vegetables, butter and bread.

To find out more about Aussie Farmers Direct deliveries and its school fund-raising program, visit www.aussiefarmers.com.au or call 1300 Milkman (1300 363 105). Individual orders welcome.



Top: Left to right, David Azzopardi of Aussie Farmers Direct sits down to some healthy treats with Jackson, Jack, Grace, Hazel with baby Logan, Charlie and Ashley, front.
Left: The children at Sunkids Childcare Centre look forward to the delivery of milk and fresh produce every week.
Pictures: Marco De Luca

